


**Weaning 11 month old from breastfeeding**

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# Weaning 11 month old from breastfeeding

How to wean 11 month old baby from breastfeeding.

Deutsch by Kelly Bonyata, BS, IBCLC introduction True self-weaning before a child is a year is very rare. In fact, it is unusual for a child to wake up before the 18-24 months unless mother is encouraging weaning. However, it is very common to hear a mother to say that her child was weaned at 9 or 10 months, or even before her. How can we reconcile these statements? What is self-weaning? A child who is weaning alone: it is generally well over a year (most commonly over 2 years) is at the point where he gets most of his nutrition from the solid drinks well from a lowered cup on nursing weaning gradually occurs When a child no longer needs to feed À é à ~ "nutritionally or emotionally. The solid part should exclude self-weaning in children under a year since then, for optimal development of health and brain, newborns of Otster less than a year should get most of their nutrition from breast milk. Now newborns can get their vitamin dbrom their milk of their milk; no drops needed with your sponsor'sthernatal lactation comtyb theralogix. Use the PRC code À é à ~ À "KellyÀ é à ~ for a special discount! What factors could bring mom to think that her baby is self-weaning? When a mother says her child si s Vezzava before a year, there is the possibility that you have interpreted a normal development phase (perhaps combined with her desires to her) like the child's desire to wean. The offer of low milk can also play a part. Low milk supply If the supply of mother's milk is reduced, the child can become less interested in nursing, and of course it will decrease that the nurses will lead to a supply of uniform milk. If the supply of milk is low, the child can grow to prefer a cup or a bottle simply because it can get more milk in this way. As long as the child is nursing on cue and removing milk carefully, mother's breast will produce milk whose child needs. There are a number of things that could interfere with the milk production process after breastfeeding has been established. Some factors that commonly come into play in the six-month seconds of children's children include: programmed power supplies or other things that too reduce the child's nursing frequency too (for example, the exaggerated pacifier or sleep formation). The answer to À é à ~ À "How is it very too much? À é à ~ "will depend on the particular mother-baby pair. A coherent decrease in the nursing frequency will sign up the body to reduce the supply of milk. Rapid weight loss. A sudden decrease in the taking of mother's calorie can cause a decrease in milk. Drugs or herbs that reduce the supply of milk (hormonal contraceptives, to Early introduction of solids (before 6 months). In addition to interfering with the immune health of the child, solids before the six months often results in child taking less breast milk and thus results in a decrease in the supply of milk. Excessively rapid increase in the quantities of solids. Again, this results in baby taking too small breast milk and therefore a reduction of milk. Keep in mind that the supply of mom's milk will naturally and gradually decrease of the child begins to eat more solid foods - this isWell and expected. What you want to avoid is to increase the solids / reducing the hip of milk too quickly, since breast milk is what needs the child for the correct growth, health and development of the brain across the first year and beyond. For more information on supplying milk, included how to increase it, see the milk? Stages for normal development is common and normal for children to show less interest in breastfeeding during the second six months. This is the development and not an indication that the child wants to interrupt the nursing. Older children tend to be distractable and want to be part of all the action around them. Your child may be more interested in learning the world than in eating during the day (these same children often increase their night nurse to compensate for their challenging days). If the child is given a bottle or a sippy cup frequently, he finds out to be able to walk / crawl around with it and not lose one thing, while the nurses generally requires to sit again and not looking around for a few minutes. For this reason, some children develop a preference for the bottle or cup at this development phase. The milestone time, such as crawling and walking, and stressful times like teething or disease can also cause the child less interested in nursing care - these types of things are common in second six months. Even nursing strikes (when the child left nursing suddenly) even tend to be more common around this age, perhaps because of the same factors. Our company tends to produce the expectation that children can and should become independent the à é

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