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My strength and weakness

Taking inventory of your strengths and weaknesses helps you decide the best career path to choose or identify the most aligned field with your interests. Sometimes, this self-reflection wits you to become a better partner in a relationship and a colleague in the office. Chuck Williams, author of *Management*, explains that identifying weaknesses can require brutal honesty, but the compromise is having a foundation on which to improve your character. You can conduct this type of personal analysis Using different techniques. Choose a point of reference to evaluate your strengths and weaknesses. Include categories such as professional / career, health and relationships. Draw a basic T graph for each of these categories, delegating the left side to *STRENGTHS* and the right side and the right side for *Weaknesses*. delegates a section to analyze the impressions of other people. Hubert RamperSad, author of *Authentic Personal Branding*, suggests asking you how others see your reliability and ability to complete projects on time and how customers see your competence. Evaluate feedback that You received from other areas as an input method. Consult your performance reviews from work, university course votes and other instructors feedback. Sectioning feedback in positive attributes and negative aspects; then place each section under the relevant T. See sources concerning what constitutes a force and weakness in a given field. For example, read the information on what makes a good spouse, a strong worker or a capable student. Analyze this criterion and determine what abilities correspond and what skills They need to improve. Read the background of anyone excels in the field in question. For example, read on Warren Buffett if you're analyzing yours The strengths and weak financial points. Or, interview with your grandmother who was married for 50 years for your relationships category. Learn every detail of their success to see if you can refine the strengths to replicate this greatness. Get feedback from friends and family. Find family members and friends whose opinion respects and trust. Show the list them. Request feedback and honest suggestions for improvement over weaknesses. Request connections or resources that can build strengths, such as courses, conferences and workshops. The suggestions maintain the flexible list. Move the weaknesses to strengths while I overcame the obstacles. Look at your weaknesses as a chance for growth and a way to exercise your potential. Embrace your weaknesses without shame or judgment. Having an open mentality regarding areas of improvement increases the probability of being honest with yourself. Recognizing these shortcomings with compassion, you are in a better position to improve on these traits. Make the effort to grow your workplace strengths and transform your weaknesses into strengths. Develop a strong workplace personality with positive characteristics requires resolved time and effort. Use every opportunity to turn what you do well in something you do better. Use your strengths at work to help others. If you have a good work ethic or you are a good problem solver, for example, show to work 10 minutes in advance to help you create the restaurant or the office you work for the day. Stay another 10 minutes after the ends of the shift (if allowed by the company policy) to help a collaborator with a certain job or a problem that must solve. Develoip your ability to help others, look for the opportunity to be service to someone. Ask the person politely if they would like Before jumping to help them, anyway. Do this at least once by step to improve it. Jupiterimages / Bananastock / Getty Images Attitude plays an important role in it we enjoy our work or not. It also strikes how our collaborators feel during their working day. It is definitely more pleasant to be around those who are happy than it is around those who are constantly negative. If generally generally A good work attitude, share it with others. Smile the most often possible and widen your good route by offering encouraging words. Build a good attitude avoiding complaining about things about work or specific people at work. When you're tried to do it, keep your mouth closed. When you open it later, make it a point to say something positive, even if it's commenting on a positive way or asking someone if they had a good day. Others will appreciate your efforts. Catherine Yeulet / iStock / Getty Images Good Communication is vital in any workplace. Whether you say to an assistant teacher coming as things went with the preschool class that helps you in the morning, write an e-mail to your head on a problem you are facing or communicating orally with a customer for Phone on a project your company is doing, communication is an extremely important part of your success at work. Develop your ability to communicate more openly with your supervisors about good things that happen to work, reviewing e-mails carefully for respectful tone and concision before sending them or taking and delivered accurate messages when you take phone calls For others per work. Every opportunity to talk to someone at work is the possibility of improving your communication capabilities. lmtmphoto / iStock / Getty Images Success employees look for something to do when there is nothing to do. If you are naturally self-motivated, take you with the example, without words but with a lot of action. You are looking for productive ways to fill the empty time at work, perhaps by filling out your program for the next day or call customers to see if they need something. Work to manage your time well and give priority to your tasks based on the more pressing. If you need to develop this ability, start asking for your supervisor if something else you can do when your work is over. Look around to see what homework they must be completed that have not yet been made. In a perfect world, you would really be good at all that you need to have a successful business and a successful life. Then again, in an ideal world, you would also have fantastic hair, steel abs and a winning lottery ticket in your pocket. Here in this imperfect world, we must all face the fact that we are good in a c

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